

IDEAS acknowledges the Wiradjuri people as the traditional custodians of the land within the Riverina Murray Region.

IDEAS also acknowledges the traditional owners of country throughout Australia, and their continuing connection to land, sea and community. We pay our respects to them and their cultures and to elders both past, present and emerging.



Contact

Free Call: 1800 029 904 SMS: 0458 296 602

Email: info@ideas.org.au
Website: www.ideas.org.au

Administration Office

53 Merivale St Tumut NSW 2720

Telephone: 02 6947 3377

Fax: 02 6947 3723

Postal Address

PO Box 786 Tumut NSW 2720

Disclaimer: Individual service providers supply all information and no guarantee can be provided as to its accuracy. All details are subject to change without notice. Inclusion of a service does not imply endorsement or recommendation.

Funded by the Australian Government Department of Health

Disclaimer: Although funding for this directory has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

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Health

Aboriginal Legal Service NSW/ACT Limited

Phone: 02 6921 9230

Address: 19 Trail St, Wagga Wagga 2650 Email: shorna.burgess@alsnswact.org.au

Web: www.alsnswact.org.au Provides legal advice and criminal representation for indigenous people.

Hours: Mon-Fri 9am-5pm [50574] Last updated 27Jan16.

Aged Care Assessment Team

Phone: 02 6961 8080

Address: Aged Care Services, 78B

Kookora St. Griffith 2680

Email: julie.mcrae@health.nsw.gov.au

www.griffith.nsw.gov.au/community-service s-directory/organisation.asp?id=4&m=p&or

a=CSD-DPD-28-15-68

The Aged Care Assessment Team (ACAT) offers professional, multifaceted assessment of older people with complex health and functional issues. The assessment includes the physical: psychological; medical; restorative; spiritual cultural and social needs of the person. Depending on the person's requirements, the ACAT may recommend people for Australian Government-funded services such as home support packages to assist people to remain at home; residential aged care services: residential respite services (both low and high levels of care) transition care, which provides restorative care for those older people transitioning from the hospital to their home. This is a free service.

Hours: Mon-Fri 8am-4:30pm [39704] Last updated 26Oct18.

Aunty Jeans Program - Cootamundra

Phone: 1800 249 645

Address: Community Hub - Intereach, 4/91

Wallendoon St, Cootamundra 2590

Email: sharon.connolly@health.nsw.gov.au

Web:

https://www.mlhd.health.nsw.gov.au/our-ser vices/aboriginal-health-services/aunty-jeans

-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Every 2nd Thu 12:30pm-2:30pm

(not during school holidays) [95320] Last updated 6Aug19.

Aunty Jeans Program - Darlington Point

Phone: 1800 249 645

Address: Waddi Housing and

Advancement Corporation, 11 Carrington

St, Darlington Point 2706

Email:

Ronald.Bamblett@health.nsw.gov.au

Web:

https://www.mlhd.health.nsw.gov.au/our-ser vices/aboriginal-health-services/aunty-jeans -program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Every 2nd Wed 10am-2pm (not during school holidays)

[95323] Last updated 6Aug19.

Aunty Jeans Program - Deniliquin

Phone: 03 5882 2900

Address: Denilliquin Community Health Centre, 2 Macauley St, Deniliquin 2710 Email: jillian.owen@health.nsw.gov.au

Web:

https://www.mlhd.health.nsw.gov.au/our-services/aboriginal-health-services/aunty-jeans-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Thu 10am-2pm (not during school holidays)

[95321] Last updated 6Aug19.

Aunty Jeans Program - Griffith

Phone: 1800 249 645

Address: Griffith Transitional Care Unit,

Animoo Ave, Griffith 2680

Email:

Ronald. Bamblett@health.nsw.gov.au

Web:

https://www.mlhd.health.nsw.gov.au/our-ser vices/aboriginal-health-services/aunty-jeans-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Every 2nd Wed 10am-2pm (not during school holidays) [95322] Last updated 6Aug19.

Aunty Jeans Program - Leeton Phone: 02 6953 1187, 1800 249 645 Address: Leeton Hospital - Day Care

Building, Cnr Wade Ave and Palm Ave,

Leeton 2705

jenna.weymouth@health.nsw.gov.au

Web:

Email:

https://www.mlhd.health.nsw.gov.au/our-ser vices/aboriginal-health-services/aunty-jeans-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Thu 12pm-4pm (not during school

holidays)

[95317] Last updated 6Aug19.

Aunty Jeans Program - Tumut

Phone: 1800 249 645

Address: Cooee Cottage and Brungle, 68

Fitzroy St, Tumut 2720

Email: sharon.connolly@health.nsw.gov.au

Web:

https://www.mlhd.health.nsw.gov.au/our-ser vices/aboriginal-health-services/aunty-jeans-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Every 2nd Wed 10am-2pm (not during school holidays) [95318] Last updated 6Aug19.

Aunty Jeans Program - Wagga Wagga

Phone: 1800 249 645

Address: Ashmont Community Resource Centre, 42 Tobruk St, Ashmont 2650

Web:

https://www.mlhd.health.nsw.gov.au/our-services/aboriginal-health-services/aunty-jeans-program

The Aunty Jeans Good Health Program is a chronic and complex care program for Aboriginal People. It aids in early intervention and prevention of chronic disease with a focus on education, exercise and fun activities.

Hours: Thu 10am-2pm (not during school holidays)

[95316] Last updated 6Aug19.

Australian Unity - Home and Disability Services

Phone: 1300 160 170 (customer service) **Address:** Shop 6, Corowa Arcade, 113

Sanger St, Corowa 2646

Email: IALAlbury@australianunity.com.au **Web:** www.australianunity.com.au Household cleaning, personal care, domestic assistance and respite (Social Support). Assessment is based on need and NDIS or My Aged Care eligibility.

Hours: Mon-Fri 8:30am-4:30pm (Office) [80030] Last updated 15Aug19.

Australian Unity Home and Disability Service Team - Customer intake team

Phone: 1800 350 792

Address: Level 6, 88 Phillip St, Sydney

2000 **Email:**

customercare@australianunity.com.au **Web:** www.australianunity.com.au Australian Unity provides basic support services to frail aged people, people with disabilities and their carers in their homes so they can maintain their independence. Services include housekeeping, personal care, respite care. Fees are negotiated at assessment, and most services are GST free.

Hours: Mon-Fri 6am-12:00pm [45418] Last updated 20Aug18.

Australian Unity Home Care Service - Aboriginal Branch

Phone: 1800 837 999

Address: 35 Holloway Rd, Nowra 2541 Email: GrBaker@australianunitycom.au Web: www.australianunity.com.au

Provides domestic assistance, personal care, shopping assistance, social support, home maintenance and respite to aboriginal clients. If there is no service available, a referral can be made. NDIS Provider

Hours: Mon-Fri 8:30am-4:30pm [53464] Last updated 16Jan19.

Brungle Health and Community Aboriginal Corporation

Phone: 02 6944 9036

Address: Cnr Bray and Adams Sts,

Brungle 2722

Email: brungle.admin@rivmed.org

The Coordinator is available Tuesdays and Wednesdays. Brungle Health & Community Aboriginal Corporation (aka Brungle Health Centre) is open two (2) full days a week, Tuesdays for administration and Wednesdays. Every 2nd Wednesday is GP clinic day. Other regular group bookings occur during the week. Eligibility: Brungle residents and family members from Tumut and Gundagai, or Aboriginality for out of area.

Hours: Tuesday and Wednesday 8:30am-4:30pm; GP Clinic Day

10am-2.30pm

[64042] Last updated 28Jun19.

Centre for Social Research in Heath (CSRH)

Phone: 02 9385 6776

Address: Level 3, John Goodsell Building

(F20), UNSW 2052

Email: csrh@unsw.edu.au

Web: www.csrh.arts.unsw.edu.au

The Centre for Social Research in Health (CSRH), formerly the National Centre in HIV Social Research (NCHSR) is a national

and international research facility

specialising in the behavioural and social research of health. Established in 1990 by the Australian Government Department of Health and Ageing, CSRH is recognised in particular for its contribution to the

particular for its contribution to the Australian response to HIV and hepatitis C.

While research regarding the social aspects of HIV, particularly in regard to sexual practice, continues to be a core part of the Centre's work, its research program also includes social research related to viral hepatitis and injecting drug use, sexual health, sexuality and education, substance use and mental health, and the health of

Aboriginal Australians. **Hours:** Mon-Thursday 9am-5pm Friday

9am-4pm

[7614] Last updated 12Apr19.

Community Health Centre Hillston

Phone: 02 6961 7261, 0427 934 406

Address: Hillston Hospital MPS, 48 Burns

St. Hillston 2675

Email: cherie.cockerell@health.nsw.gov.au

Child Dentist 0-18 years, Dietitian,

Aboriginal Health Worker, CAMS Child and Adult Mental Health Service, Drug and Alcohol Worker, chronic and complex care, Occupational Therapy, Allied Heath assistant, Speech Therapy, early childhood/district nursing and palliative care nursing. Some are visiting services only, contact the office for other services that maybe available.

Hours: Mon-Fri 8am-4:30pm (By

appointment)

[39297] Last updated 2Apr19.

Cooee Cottage

Phone: 02 6947 3362

Address: 68 Fitzroy St, Tumut 2720

Email:

stan.cooee@tumutregionalfamilyservices.c

om.au

Cooee Cottage is an Aboriginal Program in the community for families who experience family violence. Cooee Cottage offer Individual support and transport; Men's Groups: Wednesday, 10am-2pm. Women's Groups: Tuesday, 10am-2pm. Cooee Cottage also include the non-Aboriginal community member who are part of an

Aboriginal family.

Hours: Mon-Fri 9am-5pm [64043] Last updated 13Dec18.

Dementia Australia of NSW

Phone: 02 9805 0100

Address: Macquarie Hospital Campus, 120

Coxs Rd, North Ryde 2113

Email: nsw.helpline@dementia.org.au

Web: www.dementia.org.au

Provides information, support and referral for people with dementia, their family and carers, and service providers. National Dementia Helpline available Mon-Fri 9am-5pm. Carer and worker education, membership, referral to local services, support groups and counselling. Library available at the Vincent Fairfax Family Resource Centre 9888 4268. Registered NDIS provider.

Hours: Mon-Fri 9am-5pm (office)

[28112] Last updated 13Jun19.

Deniliquin Community Health Centre

Phone: 03 5882 2900

Address: 2 Macauley St, Deniliquin 2710 Community Health Service for Deniliquin. Services offered are: Speech Pathology, Occupational Therapist, Child protection and counselling service, OT services to adult and paediatric population, Community Nurse, Palliative Care, Social Worker, Aboriginal Health, Dietitian, Diabetes Educator, Early childhood worker, Aged care team, Sexual Assault Service worker. Home Support Assessor

Hours: Mon-Fri 8:30am-5pm [39615] Last updated 25Sep18.

Department of Veterans' Affairs

Phone: 133 254, 1800 555 254

Address: Tower B, 280 Elizabeth St, Surry

Hills 2010

Email: generalenquiries@dva.gov.au

Web: www.dva.gov.au

The Department of Veterans' Affairs (DVA) is an Australian Government agency. DVA provide support and information for veterans and their dependants: Australian Defence Force personnel; war widows/widowers: Australian participants in British Nuclear Tests in Australia: members of the Australian Federal Police, and; students, teachers and historians. The services DVA provide include: pensions and compensation; health care; rehabilitation; counselling services; help for servicemen and women returning to civilian life: commemorative and community grants: home care assistance; subsidised loans for housing and other housing-related benefits; commemorative activities and historical information.

Hours: Mon-Fri 8:30am-5pm [40284] Last updated 1Feb19.

Disability Rights Information Service

Phone: 02 9370 3100

Address: GCA Bldg Level 10, 1 Lawson

Sq. Redfern 2016

Email: dris@pwd.org.au **Web:** www.pwd.org.au

Offers a free individual and group advocacy service for people with all forms of disability. The service provides non-legal advocacy to individuals and groups of people with disability who have serious and urgent problems. The service also gives information to people with disability and their associates about how to advocate for themselves.

Hours: Mon-Fri 9am-4.30pm (Office)

[10435] Last updated 12Jun19.

Dyirri-Bang-Gu Aboriginal Corporation Aged Care Services

Phone: 02 6964 0518

Address: 16 Yambil, Griffith 2680 Email: admin@dyirribanggu.org.au Web: www.dyirribanggu.org.au

DBGAC provide home care services to clients who have been assessed and assigned a Home Care Package (HCP) through My Aged Care. The program helps frail older people to stay living at home. DBGAC aim to provide the right care that meets the person's needs and help them reach their goals. Services include; domestic assistance, personal care, nursing support, shopping and social support, in-home respite, mowing service and equipment e.g. wheelie walker, shower chair etc.

Hours: Mon-Fri, 8:30am-5pm [95314] Last updated 13Aug19.

Griffith Aboriginal Medical Service

Phone: 02 6962 0000

Address: 38-42 Jondaryan Ave, Griffith

2680

Email: griffithams@griffithams.org.au

Web: www.griffithams.org.au

All Griffith AMS services are for ATSI clients. All GP services are open to the general community depending on services

required speak to centre.

Hours: Mon- Thu, 8am-5pm, Fri,

8am-4:30pm

[69437] Last updated 15Aug19.

Griffith Base Hospital Phone: 02 6969 5555

Address: Noorebar Av, Griffith 2680 **Email:** sarah.trotter@health.nsw.gov.au

Web: www.health.nsw.gov.au

Offers services for the general public, in inpatient and outpatient services. Services

include Occupational Therapist,

Physiotherapist, Dietitian, District nurse, discharge planning nurse, Aboriginal liaison officer, pharmacist, access to contracted interpreter service, Renal Dialysis unit, General Medical, Surgical, Paediatric, Midwifery, Oncology, respiratory Care co-ordinator, Assessment and rehabilitation, Coronary care unit, 24hr Emergency department.

Hours: 24 hours service [40403] Last updated 21Nov18.

Guide Dogs NSW ACT - Albury

Phone: 02 6041 5201

Address: Suite 3, 549 Kiewa St, Albury

2640

Email: albury@guidedogs.com.au **Web:** www.guidedogs.com.au

Provides a range of mobility and orientation services to people with vision impairment, blindness or low vision. Includes cane training, electronic aids and guide dogs. Other services include a neurological vision impairment program, Pets As Therapy project, and a weekly Low Vision Clinic. Provides a range of mobility and orientation services to people (from childhood to old age) with vision impairment, blindness or low vision. Information and speakers about vision impairment are also available. Home visits possible. Registered NDIS provider.

Hours: Mon-Fri 9am-5pm [95315] Last updated 6Aug19.

Intereach Ltd

Phone: 1300 488 226

Address: Neighbourhood Centre, Cnr Trickett and Napier St, Deniliquin 2710 Email: intereach@intereach.com.au

Web: www.intereach.com.au

Intereach provides a range of services

including: Home Care Packages; Commonwealth; Home Support; Family Day Care; Carer support; Family support; Aboriginal Family support; Aboriginal Children and Schooling; Transition Ability Links; NewAccess; ROAR; No Interest Loans Scheme; Community Transport; Community Hubs; Out Of School Hours Care; Parenting programs; NDIS Local Area Coordination; NDIS Early Childhood;

Early Intervention

Hours: Mon-Fri 9am-5pm [39575] Last updated 27Jul18.

Junee Day Care Centre Phone: 02 6924 8312

Address: Junee Hospital, Broadway,

Junee 2663

A Community Day Care Centre in Junee that provides a range of activities designed to mentally and physically stimulate the frail aged and people with disability. Main roles of the organisation are to: provide maximum independence, provide respite services to carers, provide support assistance and refer to alternative community services and groups.

Hours: Mon Wed Thu 10am-3pm [39307] Last updated 19Jun19.

Marathon Health - Integrated Team Care Program

Phone: 02 6937 2000

Address: Suite 2, 32 Kincaid St, Wagga

Waqqa 2650

Web: https://www.marathonhealth.com.au/ Chronic disease program that assist clients to navigate their health care needs by having a care coordinator assigned to them, assist clients to access healthcare services, and optimising the best possible care with chronic disease, can access some funding to assist clients with transport to appointments, specialist costs and medical aids and equipment.

Hours: Mon-Fri 9am-5pm [95325] Last updated 6Aug19.

Mental Health Advocacy Service

Phone: 02 9745 4277

Address: 4th Floor, 74-76 Burwood Rd,

Burwood 2134

Web: www.legalaid.nsw.gov.au
Provides legal aid in matters under the
Mental Health Act, NSW Trustee &
Guardian Act. Services include
representation of people detained in
psychiatric hospitals, at hearings before a
magistrate or the Mental Health Review
Tribunal. Also provides representation in
guardianship matters and matters under the
Protected Estates Act.

Hours: Mon-Fri 9am-5pm [9824] Last updated 13Jul18.

National Heart Foundation of Australia (NSW Division)

Phone: 02 9219 2444

Address: Level 3, 80 William St,

Woolloomooloo 2011

Email: sydney@heartfoundation.org.au **Web:** www.heartfoundation.org.au Aims to improve the heart health of all Australians through health promotion and research activities. Provides continuing education for health professionals. Also operates Heartline, a telephone information service that provides resources and information on heart health and risk factors for heart disease.

Hours: Mon-Fri 8:30am-5pm [1701] Last updated 31Jan19.

Riverina Medical & Dental Aboriginal Corporation

Phone: 02 6923 5200

Address: 271 Edward St, Wagga Wagga

2650

Email: darren.carr@rivmed.org

To contribute to improving the health and well being of Aboriginal and Torres Strait islander people residing in Wagga Wagga and its surrounds. By working within the context of a holistic approach to health care that is not just the physical well being of the individual but the social, emotional and cultural well being of the whole community. RivMed operate from two sites, one offering majority of medical services and the other dental services. For Dental appointments please contact our Trail st office 69235300.

Hours: Mon-Fri 9am-5pm [37924] Last updated 1Mar18.

Viney Morgan Aboriginal Medical Service Cummeragunia

Phone: 03 5869 3343

Address: 10 Tongala Ave, Moama 2731 Email: ceo@vineymorganams.com.au Medical service - they provide information, referrals to specialists, home visits, they have health teams including Aboriginal

health workers and nurses.

Hours: Mon-Thu 9am-4pm, Fri 9am-12pm

[95312] Last updated 6Aug19.

Government Agencies

Australian Taxation Office

Phone: 132 861, 133 677 (Vision Impaired

line)

Address: 430 Wilson St, Albury 2640

Web: www.ato.gov.au

Individual enquiries 132 861, Business enquires 132 866, Superannuation 131 020, Indigenous Helpline 131 030, Complaints, compliments, feedback or suggestions 1800 199 010. Special needs: If you do not speak English well and want to talk to a tax officer, phone the Translating and Interpreting Service on 131 450 for help with your call. If you have a hearing or speech impairment and have access to appropriate TTY or modem equipment. phone 13 36 77. If you do not have access to TTY or modem equipment, phone the Speech to Speech Relay Service on 1300 555 727. If you need further information about the national relay service phone 1800 555 660 or email

helpdesk@relayservice.com.au **Hours:** Mon-Fri 8:30am-4:30pm

(Shopfront), Mon-Fri 8am-6pm (Helplines)

[39821] Last updated 20Apr18.

Department of Human Services Centrelink & Medicare One Stop Shop

Phone: 132 850

Address: cnr Tompson St and Peter St,

Wagga Wagga 2650

Web: www.humanservices.gov.au Centrelink & Medicare are government

agencies delivering a range of

Commonwealth services. The Human Services website contains information about its payments and services including eligibility requirements, payment rates, Service Centre locations, publications and a description of specialist Service Officers and their services. Other services: Medicare Veterans Information Service-information on the range of DVA services and entitlements. Specialists available for referral are Social Workers, Financial Information Officers, Indigenous Service Officers.

Hours: Mon-Fri 8.30am-4.30pm [37918] Last updated 29Aug18.

Department of Veterans' Affairs

See Page 7

Family and Community Services - Housing NSW

Phone: 02 6041 9666

Address: Ground Floor, Suite 1, 429 Swift

St, Albury 2640

Web: www.housing.nsw.gov.au

Provides a range of housing solutions to meet the needs of today's community. Housing NSW highest priority is to target assistance to those with the greatest needs and to work with other agencies to support individuals and communities. Housing NSW provides long-term subsidised rental housing through three sectors, commonly known as social housing: Public Housing; Community Housing; Aboriginal Housing. Eligibility for social housing, clients must: Be a citizen or have permanent residency in Australia; Be resident in New South Wales (NSW), and: Establish their identity: Have a household income within the income eligibility limits; Not own any assets or property which could reasonably be expected to resolve their housing need; Be able to sustain a successful tenancy, with or without support; If applicable, make repayments of any former debts to a social housing provider. In general, be at least 18 years of age.

Hours: Mon-Fri 9am-5pm [69266] Last updated 17Jul19.

LawAccess NSW Phone: 1300 888 529

Web: www.lawaccess.nsw.gov.au

This free government service provides legal help through its telephone and online service. You can telephone the service for legal information, referrals and in some cases, advice for people who have a legal problem in NSW. You can use the website to access: - 'My legal problem is about' to locate easy to read resources about a wide range of legal issues; -'Representing Yourself' for detailed information for people representing themselves in a court or tribunal: -information in other languages: -more information about LawAccess NSW and how the service can help. LawAccess NSW has Aboriginal staff who people can speak with.

Hours: Mon-Fri 9am-5pm [39912] Last updated 20Feb19.

Mental Health Advocacy Service See Page 9

National Interpreting and Communication Services (NICSS)

Phone: 1800 246 945

Email: bookings@nicss.org.au

Web: www.nicss.org.au

Provides sign language interpreting services to professional service providers, government agencies, deaf people and their families. Interpreters are available Australia-wide. Interpreters can be booked for a variety of settings; such as in public hospitals; legal and mediation; conferences and meetings and educational settings or when seeking financial advice. All public hospital appointments are FREE for Aboriginal and Torres Strait Islander sign language users. This service provider offers Video Remote Interpreting, which allows sign language users and service providers to communicate using the internet when an interpreter cannot be onsite at the appointment. NICSS is an approved NDIS provider as an activity of Wesley Mission Queensland.

Hours: Mon-Fri 8am-6pm (excluding public

holidays)

[73998] Last updated 7Feb19.

Accommodation and Housing

Family and Community Services - Housing NSW

See Page 11

Ningana Enterprises Inc Phone: 02 6962 3162

Address: 1 Kooyoo St, Griffith 2680

Email: nei@ningana.com.au **Web:** www.ningana.com.au

Provides a large number of services to people with a disability and their families these include: Mowing Service - providing supported employment and training for up

to 8 people with a disability.

Accommodation Services - providing supported accommodation and community living. Day Programs - providing Community Participation, Transition to Work and Day Service Options. Respite Services - providing a range of respite services and options. For further details regarding these services listed, please contact us.

Hours: Mon-Thu 8:30am-4:30pm, Fri

8:30-3pm

[39267] Last updated 7Feb19.

Public Interest Advocacy Centre (PIAC)

Phone: 02 8898 6500

Address: Level 5, 175 Liverpool St,

Sydney 2000

Email: piac@piac.asn.au **Web:** www.piac.asn.au

An independent, non-profit legal and policy centre. PIAC makes strategic interventions in public interest matters to foster a fair, just and democratic society and to empower citizens, consumers and communities.

Hours: Mon-Fri 9am-5pm [1406] Last updated 31Jan19.

South West Tenants Advice and Advocacy Service - Albury

Phone: 1300 483 786

Address: 562 Macauley St, Albury 2640

Email: tenancy@verto.org.au **Web:** www.tenants.org.au

The South Western Region Tenants' advice and advocacy role is to offer advice to all tenants in any residential tenancy situation. Advice is offered on rent, repairs, home security and tenants rights and obligations. Tenants can be private and public housing, Aboriginal and Torres Strait Islanders, non-English speaking backgrounds, people with disabilities, pensioners and other social welfare recipients, residents of caravans and mobile homes on permanent sites, strata titles tenants and tenants in board and lodgings. Provide representation in Tenancy Tribunal.

Hours: Mon-Fri 9am-5pm [43393] Last updated 16Aug19.

Tumut and District Neighbourhood Centre Inc

Phone: 02 6947 2893

Address: 173a Wynyard St, Tumut 2720

Email: tumutdnc@bigpond.net.au

The centre offers Information, Referral and Advocacy. Use of facilities: Internet and meeting rooms. Emergency Support programs for people in a financial crisis: Food vouchers, EAPA vouchers for Electricity Bills and Telephone vouchers, an assessment is required. Visiting free services: Financial Councillor, Disability Advocate and a Gambling Councillor. Tax Help for low income earners. Senior computer kiosk, free access to people over 49 and tutoring is available. Opportunity Shop for clothes and accessories, Outside School Hours Care for children 5-12 yrs in Kids Corner next door to the TDNC.

Hours: Tue-Thu 10am-4pm [40168] Last updated 28Jun19.

Care and Support

Aged Care Assessment Team

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Australian Unity - Home and Disability Services

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Australian Unity Home and Disability Service Team - Customer intake team

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Australian Unity Home Care Service - Aboriginal Branch

See Page 5

Australian Unity Home Care Service - Wiradjuri Branch

Phone: 1300 296 835 (Sturt), 1300 271

408 (Wiradiuri)

Address: Level 2, 76 Morgan St, Wagga

Wagga 2650

Email: kibaker@australianunity.com.au

Web: www.australianunity.com.au

Our home services are suitable for people of all ages and abilities. Services provided include: domestic assistance, personal care, social support, respite and transport.

For personal over the age of 65. **Hours:** Mon-Fri 8:30am-4:30pm [39901] Last updated 16Aug19.

Brungle Health and Community Aboriginal Corporation

See Page 5

Bunyip Support

Phone: 0447 722 008

Address: 4294 Batlow Rd, Batlow 2730

Email: risingsunbunyip@gmail.com

Services provided include support workers, mentors, therapy dogs, cultural services,

home and field support.

Hours: Monday - Friday's all hours Sat

limited Sunday limited [95105] Last updated 19Jun19.

Calvary Community Care Riverina Respite Cottage

Phone: 02 6932 0645

Address: 56 Strickland Drive, Wagga

Wagga 2650

Email: ccc.riverina@calvarycare.org.au **Web:** www.calvarycommunitycare.org.au Calvary's Commonwealth Home Support Program services may take place in the home of the person cared for, in Riverina Cottage, the home of a friend or family member, or in an aged care home. The CHSP is available for older people over 65 and for Aboriginal and Torres Strait Islander people over 50 who have a carer. Riverina Cottage delivers day and overnight respite accommodation where recipients can enjoy their very own home away from home. It is a pleasant environment where each guest receives individual support, care and attention. Clients, carers and quests are encouraged to utilise the onsite facilities. Hours: Mon-Fri 8-4pm(Clients have 24

hour telephone access to services 7 days a week).

[74149] Last updated 1Mar18.

Dyirri-Bang-Gu Aboriginal Corporation Aged Care Services

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Guide Dogs NSW ACT - Albury

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Information on Disability, Education and Awareness Services (IDEAS)

Phone: 1800 029 904, 02 6947 3377 **Address:** Administration Office, 53

Merivale St, Tumut 2720 **Email:** info@ideas.org.au **Web:** www.ideas.org.au

IDEAS provides disability information which

is free, accurate and independent.

Hours: Mon-Fri 8am-8pm [23057] Last updated 18Jan19.

Intereach Ltd

See Page 8

Ngunnawal Aboriginal Corporation

Phone: 02 6226 3799

Address: Shannon House, The Eric Bell Centre, 147 Meehan St, Yass 2582

Email: liz@nacorp.com.au **Web:** www.nacorp.com.au

Provides Home Care Packages Level 1 to

4(HCP) for Aged Aboriginal and disadvantaged People in the ACT, Queanbeyan region, Yass, Goulburn & Young. Please register through My Aged Care Aboriginal Clients must be aged 50yrs or older and Non-aboriginal 65 + or older to be eligible. Also offer the Commonwealth Home Support Program both in NSW and the ACT area for Aboriginal clients aged 50+ or Non-Aboriginal clients aged 65 + who need assistance to remain in their home

Hours: Mon-Fri 9am-5pm [17017] Last updated 29Mar19.

Ningana Enterprises Inc

See Page 12

Rights and Decision Making

Ability Links - Intereach Deniliquin

Phone: 1300 488 226

Address: Intereach, Cnr Napier St and

Trickett St, Deniliquin 2710

Email:

abilitylinkscontact@intereach.com.au

Web: https://www.intereach.com.au/
Ability Links works with people with
disability, their families and carers to enable
them to make new connections and find out
what services, resources and groups are in
their local community that would assist
them to reach their potential. 'Linkers' work
with ATSI and CALD people with a disability
to achieve their goals and to have their
needs and interests met also work
alongside communities and with
mainstream services and community
groups supporting them to become more
welcoming and inclusive.

Hours: Mon-Fri 9am-5pm [73813] Last updated 15Apr19.

Aboriginal Disability Network NSW (ADNNSW)

Phone: 02 9267 4195

Email: enquiries@fpdn.org.au

Web: www.fpdn.org.au

A non-profit, non-government organisation which brings together Aboriginal and Torres Strait Islander people with disability in order to share their stories, give each other support, create a voice for positive change and speak for themselves. Primary membership is made up of Aboriginal people with disability and Aboriginal carers of Aboriginal people with disability.

Hours: Mon-Fri 9am-5pm [53021] Last updated 8May19.

Anti-Discrimination Board, NSW

Phone: 02 9268 5555

Address: Level 7, 10 Valentine Av,

Parramatta 2150

Email: adbcontact@justice.nsw.gov.au

Web:

www.antidiscrimination.justice.nsw.gov.au/ The Anti-Discrimination Board of NSW administers the Anti-Discrimination Act 1977. This act specifies that discrimination on the grounds of sex, race, disability, caring responsibilities, age, marital status, homosexuality, and transgender in the provision of goods and services, accommodation, employment, Government Education and registered clubs is unlawful. The Board investigates and conciliates complaints. Inquiries may be made either by telephone or in person No appointment necessary. All matters are treated confidentially. The Board also provides community education to ensure that everyone acts in accordance with the anti-discrimination laws. It also provides legal advice and policy advice to Government.

Hours: Mon-Fri 9am-1pm 2pm-4pm

[39562] Last updated 11Dec18.

Australian Council of Social Service (ACOSS)

Phone: 02 9310 6200

Address: Level 3, 219-241 Cleveland St,

Strawberry Hills 2012 Email: info@acoss.org.au Web: www.acoss.org.au

The Australian Council of Social Service

(ACOSS) is the peak body of the

community services and welfare sector and the national voice for the needs of people affected by poverty and inequality. ACOSS vision is for a fair, inclusive and sustainable Australia where all individuals and communities can participate in and benefit from social and economic life. ACOSS leads and supports initiatives within the community services and welfare sector and acts as an independent non-party political voice. By drawing on the direct experiences of people affected by poverty and inequality and the expertise of its diverse membership base. ACOSS develops and promotes socially and economically responsible public policy and action by government. community and business. Become a member at www.acoss.org.au

Hours: Mon-Fri 9am-5pm [39707] Last updated 6Aug19.

Centre for Inclusive Design (CFID)

Phone: 02 9212 6242

Address: Suite 47, 104 Bathurst St,

Sydney 2000

Email: info@cfid.org.au

Web: centreforinclusivedesign.org.au/ Centre for Inclusive Design advocates for and promotes inclusive design in Australia. Networks with experts and global partners to promote innovation and global best practice Inclusive Design so everyone has the opportunity to connect and be a part of our society.

Hours: Mon-Fri 9am-5pm [80316] Last updated 18Jul19.

Cooee Cottage

See Page 6

Disability Rights Information Service

See Page 7

Education Centre Against Violence

Phone: 02 9840 3735

Address: Building 68A Cumberland Campus, 5 Fleet St, North Parramatta 2151 **Email:** wslhd-ecav@health.nsw.gov.au Web: www.ecav.health.nsw.gov.au Provides statewide training for health and inter-agency professionals on adult and child sexual assault, domestic violence, Aboriginal family violence and physical and emotional abuse and neglect of children. Also carries out consultation and research and reflects cultural and indigenous diversity.

Hours: Mon-Fri 8:30am-5pm [960] Last updated 13Jun18.

Family and Community Services -**Housing NSW**

See Page 11

First Peoples Disability Network Australia

Phone: 02 9267 4195

Email: enquiries@fpdn.org.au **Web:** /fpdn.org.au/about-us/ A national organisation of and for

Australia's first peoples with disability, their

families and communities. The

organisation is governed Born of the efforts of advocates who were working from the early 1980s to bring attention to the specific needs of First Peoples with disability and

their families.

[81489] Last updated 9May19.

IDEAS Infoline

Phone: 1800 029 904 (Free call), 0458 296

602 (Text Line)

Email: info@ideas.org.au Web: www.ideas.org.au

IDEAS provides disability information which is free, accurate and independent via a free call information line, a text or SMS line and

an online live chat service.

Hours: Mon-Fri 8am-8pm AEDT

[81199] Last updated 3Jan19.

IDEAS website

Phone: 1800 029 904 (Free call), 0458 296

602 (Text Line)

Email: info@ideas.org.au Web: www.ideas.org.au

IDEAS provides disability information which is free, accurate and independent. The IDEAS website allows users to search a directory of inclusive mainstream services. specialised disability and aged services and supports, suppliers and accessible accommodation options. The website also houses a rich and diverse collection of information and resources on disability and inclusion.

Hours: 24 hours 7 days [81200] Last updated 3Jan19.

Indigenous Women's Legal Program

Phone: 02 8745 6900

Email: reception@wlsnsw.org.au

Web:

www.wlsnsw.org.au/legal-services/indigeno

us-womens-legal-program/

Free confidential legal information, advice and referrals for Aboriginal and Torres Strait Islander women in NSW with a focus on domestic violence, sexual assault, parenting issues, family law, discrimination and victim's support.

Hours: Mon, Tue and Thu 10am to

12:30pm

[95324] Last updated 6Aug19.

Information on Disability, Education and **Awareness Services (IDEAS)**

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Justice Connect Phone: 02 8599 2100

Address: Lvl 5, 175 Liverpool St, Sydney

2000

Email: nsw@justiceconnect.org.au Web: www.justiceconnect.org.au Justice Connect is a community legal centre delivering access to justice through pro bono to people experiencing disadvantage and the community organisations that support them. Justice Connect has four programs in NSW, which target the unmet needs of particular client groups: Public Interest Law: Receives and assesses requests for pro bono legal assistance from Community lawyers on behalf of individuals experiencing disadvantage and refers them to pro bono solicitors and barristers through our

Referral service. Not-for-Profit Law: Legal Information, advice and referrals for

not-for-profit organisations.

Self-Representation Service: Provides free legal assistance to unrepresented litigants in civil court proceedings in the Federal Court and Federal Circuit Court. Aboriginal Specific Services: Assists Aboriginal people and organisations with civil law matters. Health Justice Partnerships: works with healthcare providers to reach out to people, especially older people, who can not afford a lawyer.

Hours: Mon-Fri 9am-5pm [71308] Last updated 20Jun19.

LawAccess NSW

See Page 11

Mental Health Advocacy Service

See Page 9

Mungabareena Aboriginal Corporation

Phone: 02 6024 7599

Address: 21 Hovell St, Wodonga 3690
Email: reception@mungabareena.org.au/
Web: https://mungabareena.org.au/
The role of the Coordinator is to ensure ease of access for all Aboriginal & Torres Straight Islander people into the aged care & disability service of their choice. Services offered are Disability Intake, Access and Response Service 1800 077 417, Disability Advocacy and Information Service 02 6056 2420, Carers respite and information Service 02 6024 5166 and Community

Managed Transport 02 6056 1590. Other

Shire of Alpine 03 5755 0555, Tallangatta

Contact numbers: Wodonga 02 6055 9200,

Health Service 02 6071 5100. **Hours:** Mon-Fri 9am-5pm [40104] Last updated 24Jan18.

National Interpreting and Communication Services (NICSS)

See Page 11

Public Interest Advocacy Centre (PIAC) See Page 12

Reading Writing Hotline

Phone: 1300 655 506

Email:

enquiries@readingwritinghotline.edu.au **Web:** www.readingwritinghotline.edu.au The Reading Writing Hotline is a national telephone referral service for adults who want to improve their reading, writing, computing and numeracy skills.

Hours: Mon-Fri 10am-4:30pm (NSW TIME) (after hours message service) [39941] Last updated 12Dec18.

Seniors Rights Service Phone: 1800 424 079

Address: Level 4, 418A Elizabeth St,

SURRY HILLS 2010

Email: info@seniorsrightsservice.org.au **Web:** https://seniorsrightsservice.org.au/ Seniors Rights Service is a community organisation supporting older people through free and confidential legal advice, aged care advocacy, social support and rights based education forums throughout NSW. They provide free and confidential legal advice and aged care advocacy over the telephone. Prioritizes engagement with older people who vulnerable or disadvantaged; in regional, rural and remote locations; culturally and linguistically diverse; Aboriginal or Torres Strait Islander; lesbian, gay, bisexual, transgender or intersex. Advice includes consumer rights, human rights/ elder abuse, financial exploitation, planning for later life. The Retirement Village legal service provides advice and assistance to residents of retirement villages (includes former and prospective residents) on issues arising from management/ operator issues Our service provides legal advice to older people who are living in a strata unit or townhouse about any aspect of strata living including retirement villages.

Hours: Mon-Fri 9am-4.30pm [73288] Last updated 24Jan19.

Service for the Treatment and Rehabilitation of Torture and Trauma Survivors

Phone: 02 9794 1900, 02 9794 1905

(Intake Officer)

Address: 152-168 The Horsley Dr,

Carramar 2163

Email: startts@health.nsw.gov.au

Web: www.startts.org.au

Provides a range of support services for individuals or families who have been exposed to torture or refugee related traumas. Providing treatment and rehabilitation to torture and trauma survivors.

Hours: Mon-Fri 8:30am-5pm. After hours

by appointment

[8615] Last updated 13Jun19.

South West Tenants Advice and Advocacy Service - Albury

See Page 12

Victims Access Line (VAL)

Phone: 1800 633 063 (Free call), 02 8688

5511 (Sydney metro)

Address: Level 1, Justice Precinct Offices,

160 Marsden St, Parramatta 2150 **Email:** vs@justice.nsw.gov.au

Web:

www.victimsservices.justice.nsw.gov.au Provide support services including free counselling, information, referral and assistance to victims of crime in NSW.

Hours: Mon-Fri 8am-6pm (Office) [446] Last updated 11Dec18.

Victims Services
Phone: 1800 633 063

Address: Level 1, 160 Marsden St,

Parramatta 2150

Email: vs@justice.nsw.gov.au

Web:

www.victimsservices.justice.nsw.gov.au Victim Services is responsible for providing information, support and referral services to victims of crime, and overseeing the implementation of the statutory Charter of Victims Rights. Victims Services is an information resource for victims of crime and for community and victim support agencies. Includes counselling and financial support for victims of crime. Also seeks restitution of monies from convicted offenders. The offence must have occurred in NSW.

Hours: Mon-Fri 8am-6pm [8543] Last updated 15Jul19.

Transport, Travel, Holidays and Leisure

Bundyi Cultural Tours Phone: 0412 693 030

Email: marksad@live.com.au Web: www.bundyiculture.com.au/ Aboriginal tourism, adult and school education programs run by Professional Guide and Wiradjuri man, Mark Saddler. BBQ meals, morning tea are included on some of the tours, as well as local transfers from your Motel, Hotel, Caravan Park or Air BNB accommodation. [95373] Last updated 20Aug19.

Cooee Cottage

See Page 6

Creative Ageing Art Group

Phone: 0427 600 971

Address: Coleambally Community Hall, 17 Kingfisher Avenue, Coleambally 2707 Email: kerriw@murrumbidgee.nsw.gov.au

Web:

https://www.murrumbidgee.nsw.gov.au/cp t hemes/default/page.asp?p=DOC-FDL-11-0 4-76

Murrumbidgee Council's Creative Ageing program offers Ukelele lessons on Mondays at 10:30am and a Seniors exercise class on Wednesdays 10:30am. Open to Aboriginal and non-Aboriginal people in the Murrumbidgee area.

Hours: Fri 10am

[95337] Last updated 8Aug19.

Creative Ageing Art Group -Murrumbidgee Arts Kinship Enterprise (MAKE

Phone: 0427 600 971

Address: Waddi Housing and

Advancement Corporation, 11 Carrington

St, Darlington Point 2706

Email: kerriw@murrumbidgee.nsw.gov.au

Web:

https://www.murrumbidgee.nsw.gov.au/cp t hemes/default/page.asp?p=DOC-FDL-11-0 4-76

Murrumbidgee Council's Creative Ageing Program Art group - Murrumbidgee Arts Kinship Enterprise (MAKE). Open to Aboriginal and non-Aboriginal people in the Murrumbidgee area.

Hours: Fri 10am

[95313] Last updated 6Aug19.

Griffith Community Centre Inc (GCC)

Phone: 02 6962 4144

Address: 80 Benerembah St, Griffith 2680

Email:

barbara.penninga@griffithcommunitycentre

.org.au

Web: www.griffithcommunitycentre.org.au Information and resource centre, social and support groups. Provides information on local services and referral where necessary and advocates when required. Services include: My Mind Matters; a bulk-billing private practice Mental Health Social Work Counselling Service in Griffith, One Door -Carer Services - Advocate provides individual support services and education and training for carers and families of someone with a mental illness, Al-Anon Family group-support group; an anonymous fellowship of relatives and friends of alcoholics or problem drinkers, Alcoholics Anonymous, Griffith Carevan, Photocopy/fax facilities, Gambling Counselling, GROW NSW, Griffith Interagency meetings, Migrant Support, Work Development Orders.

Hours: Mon-Fri 9am-5pm [39265] Last updated 29Jan19.

Guide Dogs NSW ACT - Albury

See Page 8

Junee Day Care Centre

See Page 8

Open Support

Phone: 02 8382 6430

Address: Level 4, 438 Victoria St,

Darlinghurst 2010

Email: feedback@opensupport.org.au

Web: opensupport.org.au

Provides a range of services including court support at Darlinghurst, Liverpool and the Downing Centre. Provides domestic violence crisis accommodation and Country Care Link support in Sydney for people from rural New South Wales. Other services include the Eastern Area Visit

Program, South West Visit Program, and low-cost short-term accommodation near

Westmead Hospital.

Hours: Mon-Fri 9am-4pm (Office)

[798] Last updated 11Dec18.

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